

FEAR- False Evidence Appearing Real

Opposite of Fear → Peace

Fear → master spirit used by Satan

Fear - phobia

# Common Fears

- ▶ Terrorist attacks
- ▶ Spiders
- ▶ Death
- ▶ Failure
- ▶ War
- ▶ Heights
- ▶ Crime/Violence
- ▶ Being alone
- ▶ The future
- ▶ Nuclear war

## Counter attack scriptures

### ▶ Terrorist Attacks

Ps 91:1

He who dwells in the secret place of the Most High  
Shall abide under the shadow of the Almighty.

### ▶ Spiders

Ps 91:13

You shall tread upon the lion and the cobra,  
The young lion and the serpent you shall trample  
underfoot.

## Counter attack scriptures

Mark 16:18

‘They will pick up serpents and if they drink anything deadly, it will in no way harm them’

Luke 10:19

‘I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.’

## ► Death

‘My soul finds rest in God alone; my salvation comes from him. He alone is my rock and my salvation. He is my fortress. I will never be shaken’. **Psalm 62:1**

‘In a moment, in the twinkling of an eye, at the last trump: for the trumpet shall sound, and the dead shall be raised incorruptible, and we shall be changed.’ **1 Corinthians 15:52**

‘When the perishable puts on the imperishable, and the mortal puts on immortality, then shall come to pass the saying that is written: “Death is swallowed up in victory.” “O death, where is your victory? O death, where is your sting?” **1 Corinthians 15:54-55**

## ► Death

‘Even when I walk through the dark valley of death, I will not be afraid, for you are close beside me.’ **Psalm 23:4**

‘As for me, God will redeem my life. He will snatch me from the power of death.’ **Psalm 49:15**

‘He will swallow up death forever! The Sovereign LORD will wipe away all tears.’ **Isaiah 25:8**

## ► Failure

I can do all things through Christ who strengthens me.’ **Philippians 4:13** (NKJV)

‘And we know that all things work together for good to those who love God’. **Romans 8:28**

## ▶ War, Nuclear war

'You shall not be afraid of the terror by night, *Nor* of the arrow *that* flies by day.' **Psalm 91:5 NKJV**

## ▶ Heights

'The LORD God is my strength, and he will make my feet like hinds' feet, and he will make me to walk upon mine high places.' **Habakkuk 3:19 KJV**

## ► Crime/Violence

‘No weapon formed against you shall prosper, And every tongue *which* rises against you in judgment You shall condemn.’ **Isaiah 54:17 NKJV**

## ► Being alone

‘It is the Lord who goes before you. He will be with you; he will not leave you or forsake you. Do not fear or be dismayed’. **Deuteronomy 31:8 ESV**

## ► Future

‘For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a future and a hope’. **Jeremiah 29:11 NKJV**

‘Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; <sup>7</sup> and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.’ **Philippians 3:6,7 NKJV**

## ▶ Don'ts

- ❖ Don't run to people without seeking God first
- ❖ Don't give shape to your fearful thoughts through your words
- ❖ Don't figure out by asking “what if”

## ▶ Do's

- ❖ Take every thought captive
- ❖ Never let the fearful thought dwell and take root in your heart
- ❖ Put on the helmet of salvation
- ❖ Rebuke the spirit of fear
- ❖ Pray in tongues
- ❖ Confess and declare the Word of God
- ❖ Begin to praise God and thank Him

“There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love.”

**1 John 4:18**